

# EQUINE NUTRITION & HOOF HEALTH REVIEW



ARE WE LISTENING?

## SIMPLE, COST EFFECTIVE

Sylvia H. Kornherr, owner of EPC Solutions at [www.hoovesandhorses.com](http://www.hoovesandhorses.com) is an Independent, International Consultant and guest speaker sharing her knowledge as an Equine Podiatry Technologist, Farrier and Nutritionist. Her talks focus on a refreshing pro-active approach combining 20 years of research and empirical evidence disseminating information to the public to develop sound strategies & programs that support long term equine health & productivity.

## THE 4-STEP PLAN

The participants at this year's OVH seminar were once again engaged to think analytically and explored a progressive 4-step nutrition program that addressed 4 key areas that we now understand to be major players in horse's deteriorating health and secondary hoof degradation if not managed.

Participants came from a large geographical area and included Equine enthusiasts and professionals in English and Western Pleasure, Dressage, Hunting, Barrel Racing, Reining, Farriers and a Purina nutritionist, all embracing knowledge together.

The seminar kicked into overtime due to the interest on hand. Then everyone shovelled their cars out of a snow packed winter parking lot to brave the drive home navigating through another typical blizzard demonstrating true Canadian grit! Thanks to everyone's tenacity and resourcefulness to make it out!

Excerpts from OVH Spring Quarterly Newsletter, 2015

## GLOBAL CHANGES

Numbers across the globe are up significantly with increased incidence of lameness. A study in the UK revealed: 1 in 5 horses are lame. "New" cases of laminitis are up 43% in addition to 67% recurring cases. Skin disease up 4.3%. Sarcoids the most prevalent tumour is up. Overweight horses or ponies up 9.1%. Respiratory disease up 2.1% due to allergies (not infection). NEHS 2014 British Equine Vet Association census

Increased endocrine dysfunction: (EMS, IR and Cushings) the latter being the two most common disorders in our horses around the globe today.



## Common \$cents Feeding & Farriery - obsolete or still attainable today?

There were excellent insights to protect and support horses in the hunt field, jumpers, endurance horses, barrel racers, thoroughbred track horses, as well as smart feeding practices for pleasure and easy keeper horses.

*" I like your approach, just the facts ma'am! I think it instills confidence in your audience, challenging us to process what you have to say and tweak our feeding & management protocols as we see fit."*